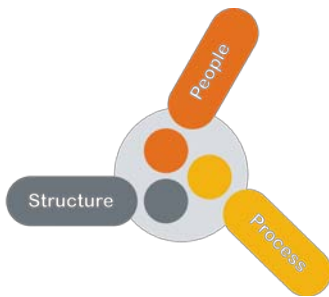


NRGize Your Team

COURSE OVERVIEW

Audience: **Leaders**
Length: **½ to 1 day**
Format: **Activities, Lecturettes, Motivational Stories and Skill Practice**

Modules:



Introduction

- Soccer Anyone?
- Why Teams Fail
- Team Maturity Checklist

The 3 Pillars of High Performance Teams

- Structure: Goals, Roles & Rewards
- People: Characteristics of a Team Player
- Processes: Team Decision Making

Team Communication

- Making Requests
- 4 Steps to Conflict Resolution
- Running Effective Team Meetings

Your Team Talent Portfolio

- The 4 Types of Talent
- Which Quadrant do you spend the most time in?
- Handling Low and High Performers

NRGizing Your Team

- NRG Builders and NRG Zappers
- 8 ways to keep your team motivated: Activity

Materials:

- Program Tailoring
- Workbook
- Leadership Essential Reminder Cards
- Team Tools
- Optional: Online TeamNRG Assessment
- Optional: *Perfect Phrases for Conflict Resolution* (McGraw-Hill)

